Check Your PRIVILEGE
CO-CONSPIRATOR WORKBOOK
Thanks for Purchasing
The Co-Conspirator Workbook!

It is my intention that this will help you do your work as you continue the lifelong journey of being an Ally.

It’s various forms, white fragility guised as feminism, that is negatively impacting the mental health of Black Indigenous Women of Color (BIWOC).

It is my hope this guide will help you unpack your privilege, begin to center and affirm BIWOC in the fight against patriarchy.

Together we can work together and the fight against patriarchy!

XO,

Myisha T

www.myishat.com
Reflection Questions

WHAT DOES BEING AN ALLEY LOOK LIKE TO YOU?
Reflection Questions

ALLYSHIP REQUIRES WORK, WHAT WORK ARE YOU DOING TO UNPACK YOUR OWN PRIVILEGE?

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Reflection Questions

THE THROW AWAY CULTURE IN AMERICA INFLUENCE RELATIONSHIP BUILDING BETWEEN BIWOC AND WHITE WOMEN. HOW DO WE BREAK THE CYCLE OF THROWING EACH OTHER AWAY?
Reflection Questions

HOW DO YOU PLAN ON MOVING FROM BEING AN ALLY TO A CO-CO-CONSPIRATOR?
Reflection Questions

WHAT CAN OTHER WW DO TO BE A CO-CONSPIRATOR?
WHAT ADVICE ARE YOU WILLING TO GIVE THEM TO CHECK THEIR PRIVILEGE?
Co-Conspirator Brain Dump

USE THIS SHEET TO IDENTIFY AREAS IN YOU’RE LIFE OR WAY’S YOU CAN BE A CO-CONSPIRATOR FOR BIWOC

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Daily Co-Conspirator Check-In

THESE DAILY CHECK-INS ARE TO HELP YOU DISCOVER HOW YOU HAVE SHOWED UP AS AN CO-CONSPIRATOR TODAY

DAY 1  /  / 20

1 affimed a WOC by

1 centered a WOC by

1 checked my privilege today by

DAY 2  /  / 20

1 affimed a WOC by

1 centered a WOC by

1 checked my privilege today by

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DAY 3  /  / 20
I affirmed a WOC by

I affirmed a WOC by

I checked my privilege today by

DAY 4  /  / 20
I affirmed a WOC by

I centered a WOC by

I checked my privilege today by

DAY 5  /  / 20
I affirmed a WOC by

I centered a WOC by
I checked my privilege today by

DAY 6
I affirmed a WOC by

DAY 7
I affirmed a WOC by
I centered a WOC by
I checked my privilege today by

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Resources

WHITE SPACES MISSING FACES
by Catrice M. Jackson

THE POSSESSIVE INVESTMENT IN WHITENESS:
How White People Profit from Identity Politics, Revised and Expanded Edition Revised, Expanded Edition
by George Lipsitz

WHITE FRAGILITY:
Why It’s So Hard for White People to Talk About Racism
by Robin DiAngelo

SO YOU WANT TO TALK ABOUT RACE
by Ijeoma Oluo

BACKLASH:
What Happens When We Talk Honestly about Racism in America
by George Yancy

FEMINISM IS FOR EVERYBODY:
Passionate Politics
by bell hooks

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